

NORTH HEIGHTS FAMILIES
A ministry of North Heights Lutheran Church

Our number one goal is to provide Christian programming that is Christ centered while healthy and safe for our families, students and staff. On July 22, Governor Walz signed Executive Order 20-81 which include guidelines and requirements that are incorporated in to our comprehensive COVID-19 PLAN. That plan is posted and available for review. We know that things change quickly in the midst of this pandemic. Therefore, know our plan will be updated to reflect additional guidance, and Executive Orders as needed.

FAMILY COMMITMENT LETTER

Please read and complete this Family Commitment Letter. North Heights requires a signed commitment form/letter on file from each family before dropping off their children.

1. Prior to attending, I will assess my child for COVID-19 symptoms based on the COVID-19 Health Screening.

Symptoms of COVID-19 can include:

- fever (+100.0)• chills • sore throat • cough • headache • loss of taste or smell• shortness of breath • muscle pain • gastrointestinal (nausea, vomiting, or diarrhea)

I will also assess other contagious illness-related symptoms. I will commit to keeping my child home from all activities if these symptoms are present. North Heights will conduct random screening.

2. I will not send my child if I am aware that he/she has been exposed to someone who has a positive diagnosis for COVID-19.
3. Should my child develop symptoms while participating in activities, I will ensure someone is available to pick him/her up promptly if we are contacted to do so.
4. If a member of our household has been exposed to or diagnosed with COVID-19, I will notify Melissa.Erickson@NHLC.ORG

Assumption of the Risk and Waiver of Liability

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. North Heights Family Ministry has put in place preventative measures to reduce the spread of COVID-19; however, **we cannot guarantee that you or your child will not become infected with COVID-19.** Further, participation could increase your risk of contracting COVID-19.

By signing this agreement, **I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I or my child may be exposed to or infected by COVID-19 by participation; and that such exposure or infection may result in personal injury, illness, permanent disability, and death.**

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with me or my child's participation. I hereby release, covenant not to sue, discharge, and hold harmless North Heights Lutheran Church, its employees, agents, and representatives,

Activities: I represent that I have adequate insurance to cover any injury or illness suffered or cause while participating in activities and further agree to bear the costs of such injury or illness to myself or child. I further represent that I and my Child have no medical or physical condition which could interfere with our safety in this activity, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.

1. Childs First Name: (please print) _____ Last name: _____
2. Childs First Name: (please print) _____ Last name: _____
3. Childs First Name: (please print) _____ Last name: _____
4. Childs First Name: (please print) _____ Last name: _____

Parent/Guardian Signature: _____ **Date:** _____

Parent/Guardian Signature: _____ **Date:** _____

If you have any questions, please contact Melissa.Erickson@NHLC.ORG

God bless you and thank you for your patience and support. Please pray regularly for our teachers, staff, and families and be patient and gracious with one another in these incredibly challenging times.